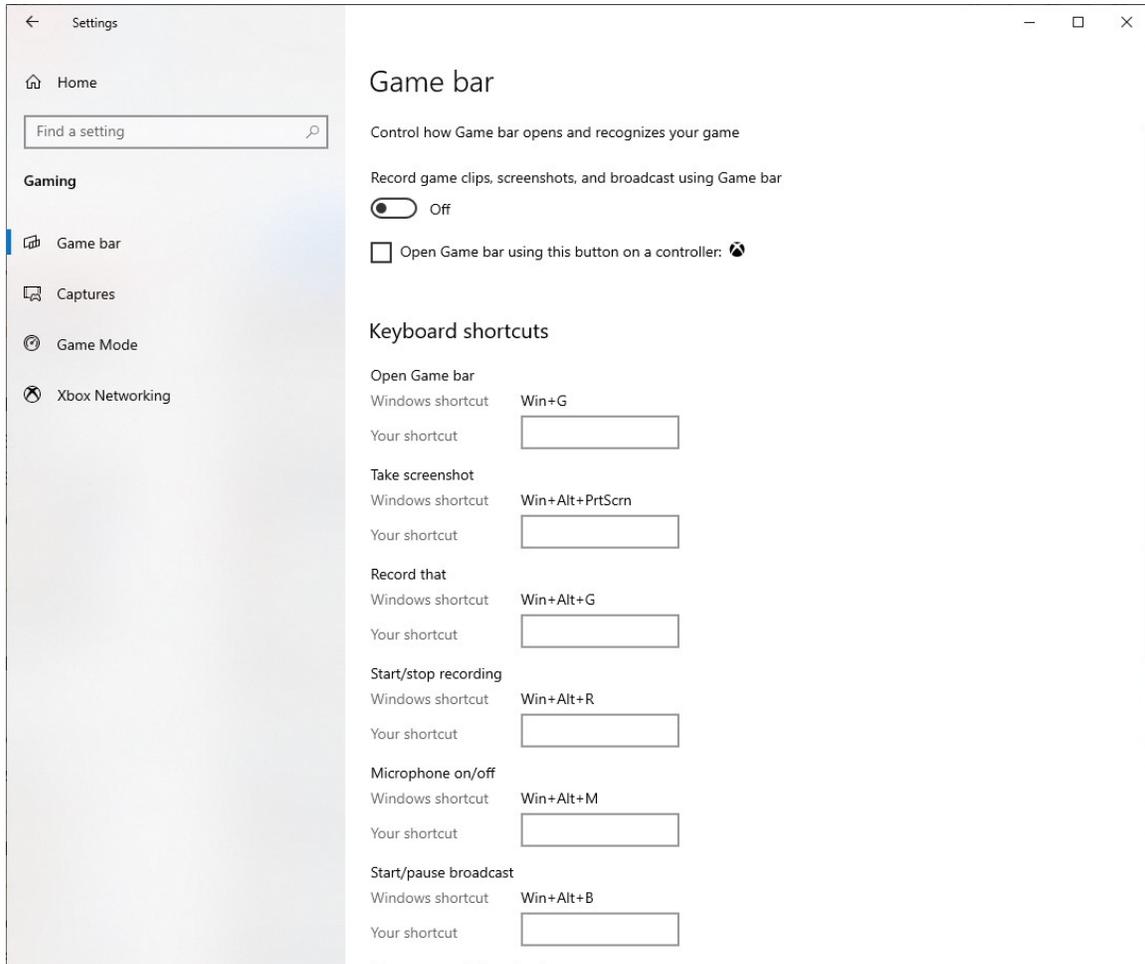


Turn off X-Box and Gaming in Windows 10

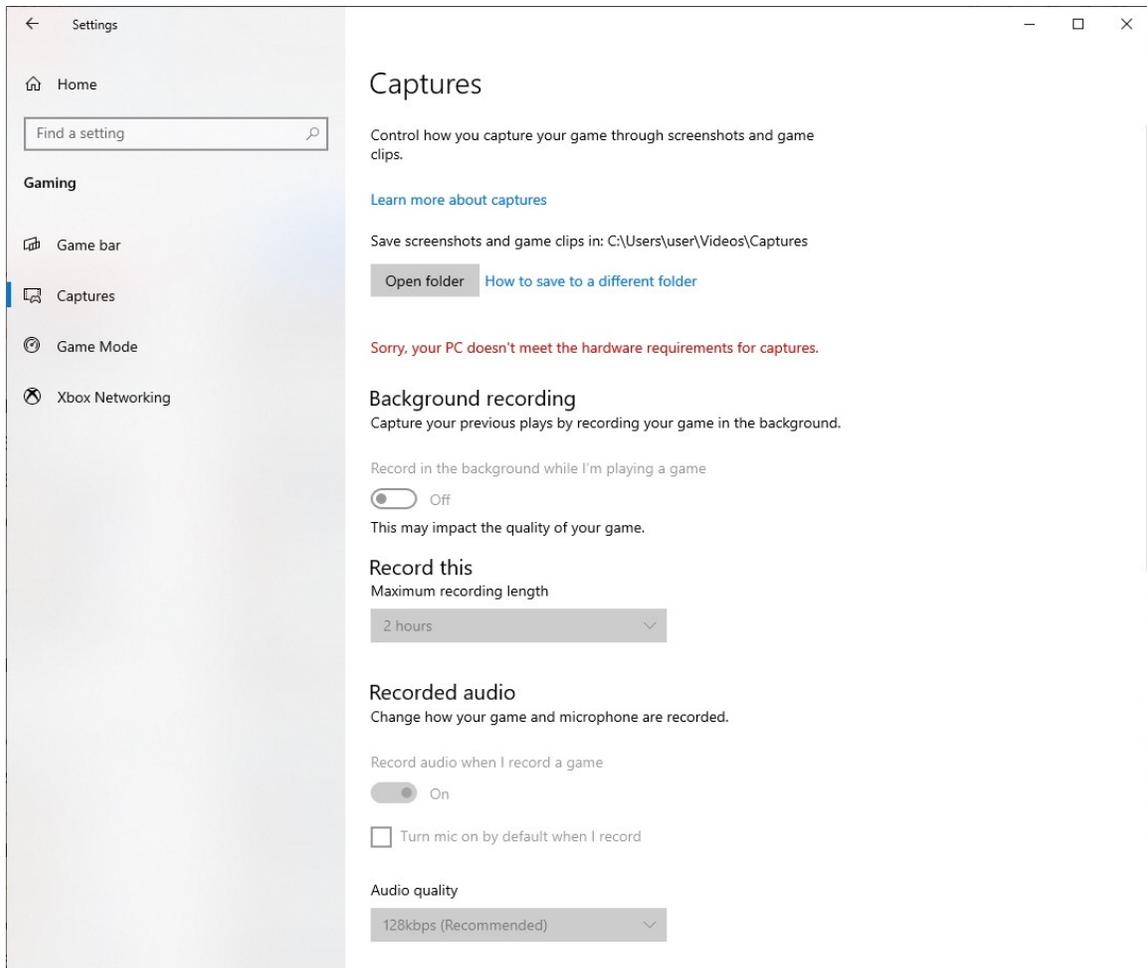
Hit Start Button and Open Settings (the wheel).

Click into "Gaming"



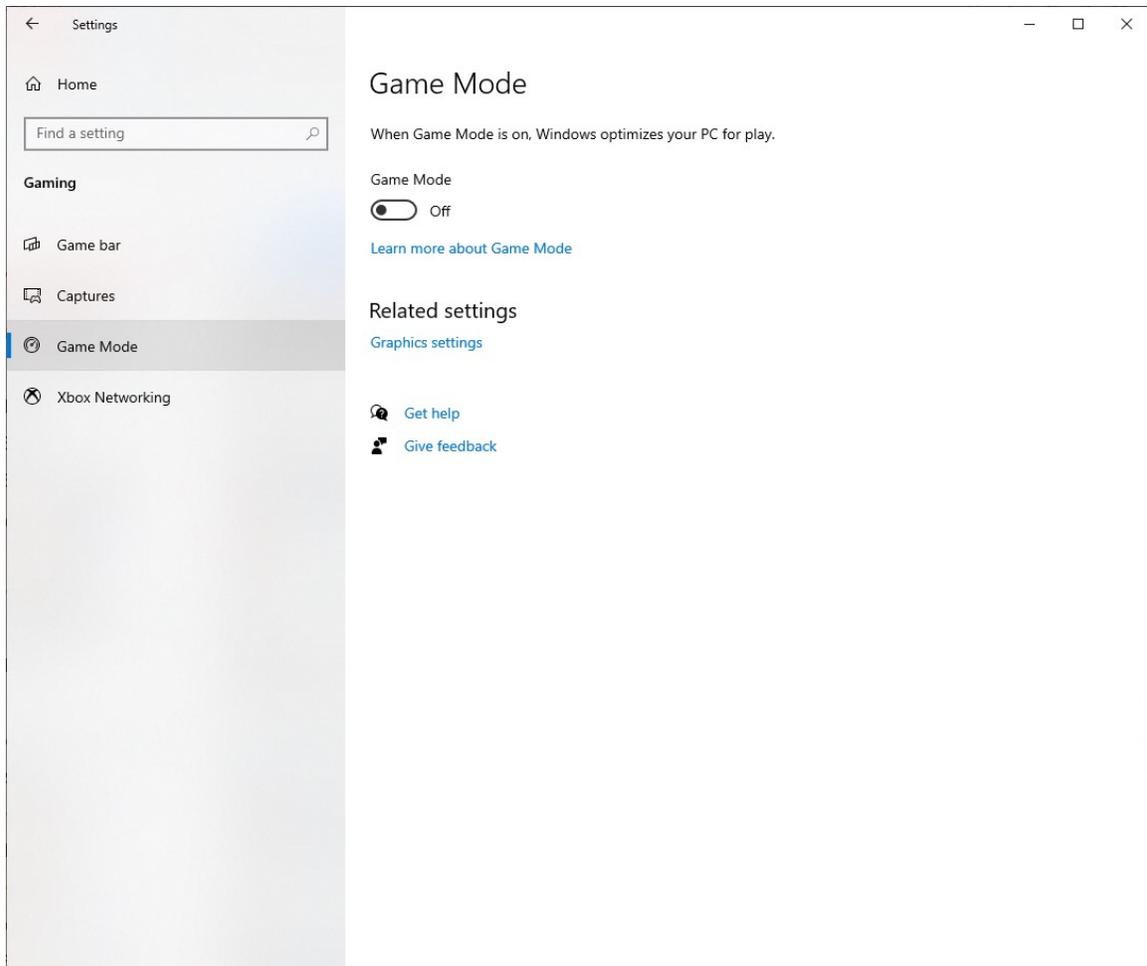
Turn off "Record game clips, screenshots and broadcast using Game bar"

Now, pick "Captures" on the left menu



Turn off "Background recording" and "Recorded Audio" if you have it.

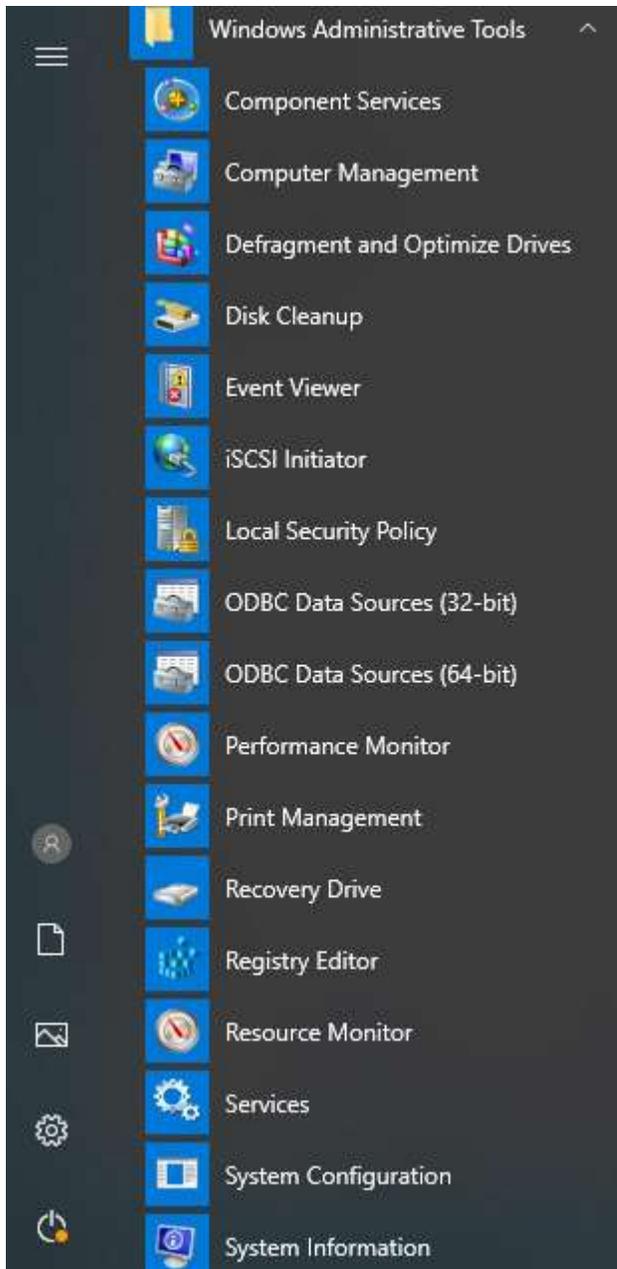
Select "Game Mode" on the left menu.



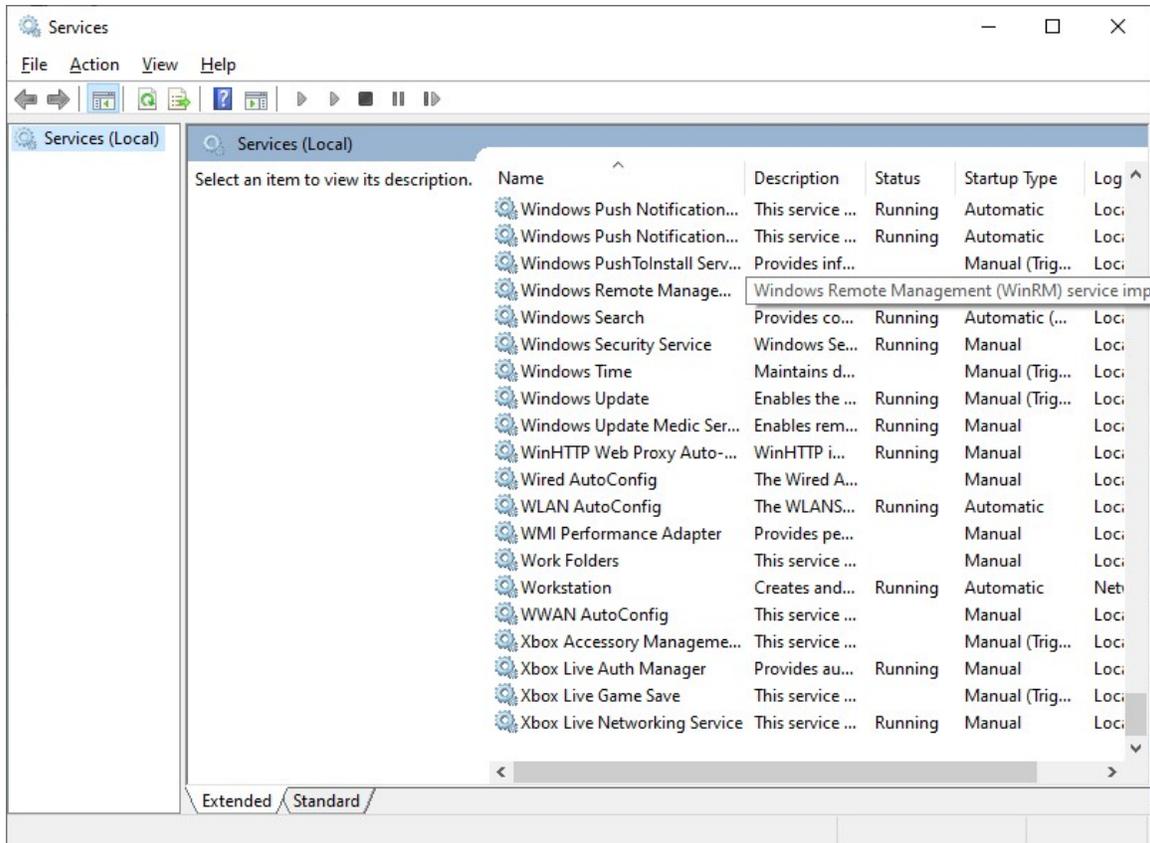
Turn "Game Mode" off.

Now close Settings.

Hit the Start button and scroll the menu down to "Windows Administrative Tools" folder;

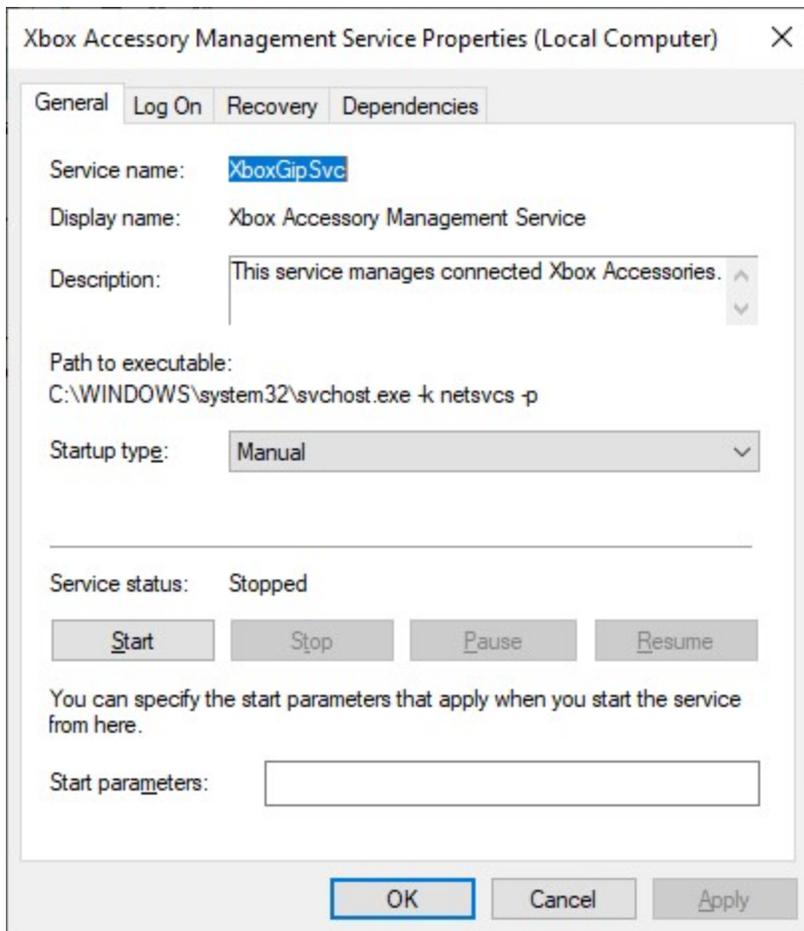


and pick "Services"



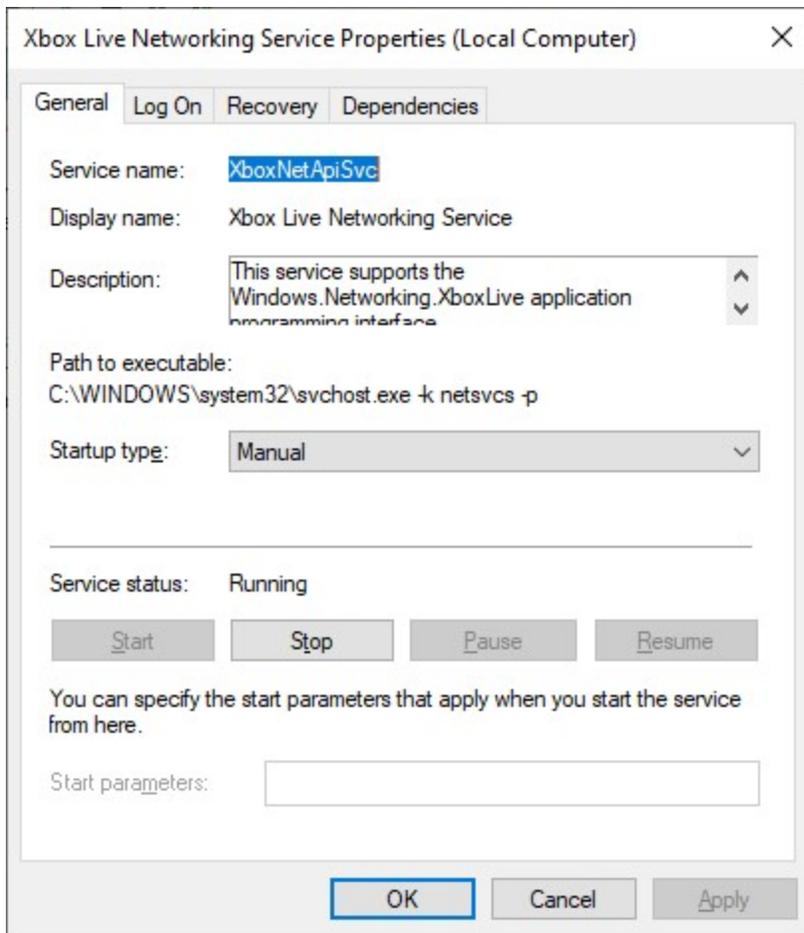
scroll on the right side all the way down to see the "Xbox" services.

Double Click on each "Xbox" Service and switch to "Manual" to "Disabled" Starting type.

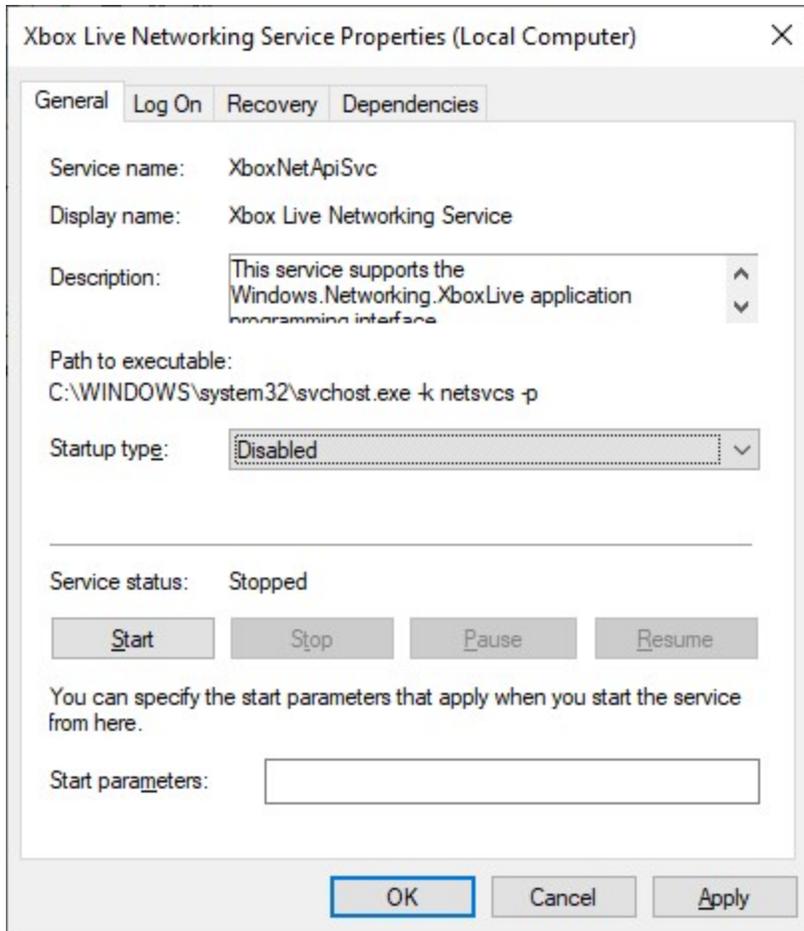


click "OK"

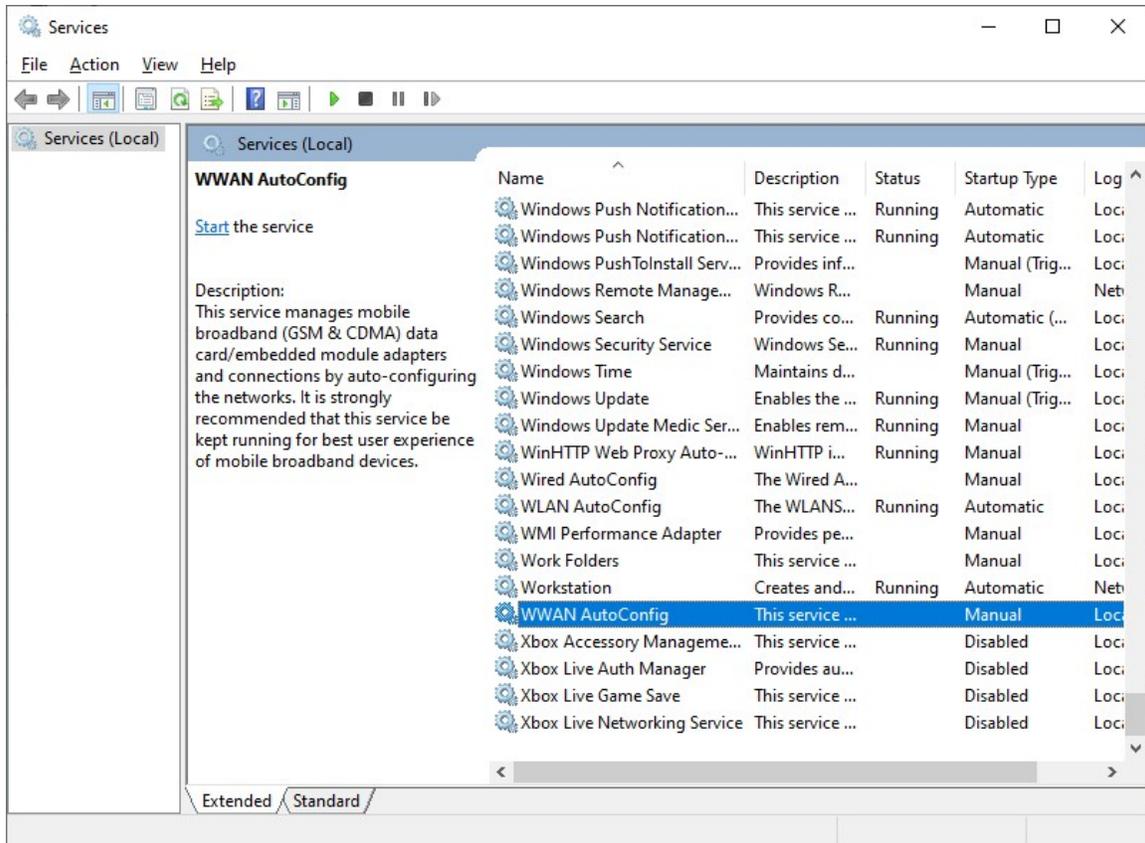
If service is "Running" then click "Stop" first.



and then change Startup Type to "Disabled"



Click ok and do all the Xbox services and then close.



Now you have just a little more speed and processing power to do the work you intended your work pc to do!

